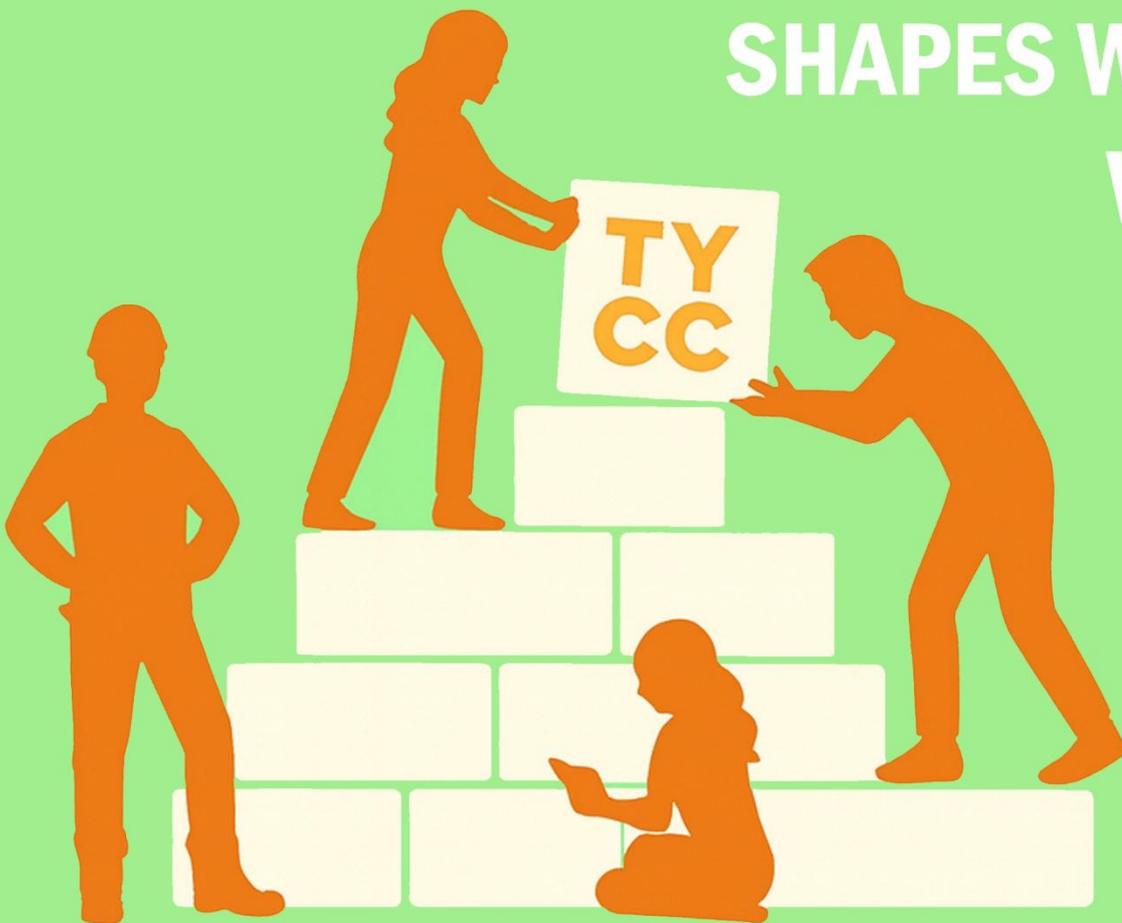


The Youth Career  
Counsellor

# YOUTH VALUES GUIDE

WHAT WE VALUE,  
SHAPES WHERE  
WE GO



[www.theyouthcareercounsellor.com.au](http://www.theyouthcareercounsellor.com.au)



## Why This Guide Exists

If you're feeling stuck, unsure or overwhelmed about your future you're not alone.

There's pressure to pick the "right" course, the "right" job, or to have it all figured out by 18. That's unrealistic. And worse, it's backwards.

You can't make a good career decision until you understand what you value and how your experiences have influenced your perspective.

This guide is here to help you get clear on what matters to you so you can stop guessing and start moving with confidence.

***Youth Challenge:** "But how do I figure out what I value if I haven't really done anything yet?"*

***Answer:** You don't need to have lived a big life to know what matters to you. You just need to notice what energises you, what drains you and how different experiences made you feel even school, part-time jobs or group projects. TYCC helps you connect those dots, so your decisions aren't random they're grounded in self-awareness.*

## What Are Career Values?

Career values are the things you actually care about in your future work, the stuff that motivates you, energises you or keeps you from burning out.

They're different for everyone. And if you don't know yours, you'll likely chase something that looks good on paper but feels wrong in real life and likely end back at up at that career questioning phase.

***Youth Challenge:** "What if I care about everything... or nothing?"*

***Answer:** That's completely normal. Many young people feel pulled in every direction or too disengaged to choose. That's why we start with **noticing patterns**, not picking paths. TYCC helps you uncover what's underneath first whether it's wanting creative freedom, social impact, recognition or just stability while you figure the rest out.*

## Common Career Misconceptions:

### "Just pick a job that pays well."

- **What you might be thinking:**

"I don't want to struggle financially. I should choose something secure."

- **Why that's valid:**

Money matters. No one wants to stress about bills. But choosing a career purely for income without thinking about your interests, work style, or energy levels often leads to burnout or regret.

- **Reframe it:**

A high-paying job doesn't mean much if you're drained every day. TYCC helps you find careers that match both your values and your lifestyle goal so you can earn well and live well.

### "You need a five-year plan."

- **What you might be thinking:**

"If I don't plan ahead, I'll fall behind."

- **Why that's valid:**

There's pressure to be productive, especially in school. But no one can predict how the world (or you) will change in five years. Locking into a rigid plan now often leads to panic or feeling "off track."

- **Reframe it:**

You don't need a five-year plan you need a five-month mindset. TYCC helps you identify meaningful next steps based on who you are today, not who you think you should be in five years.

### "Follow your passion."

- **What you might be thinking:**

"But I don't even know what I'm passionate about. Or what if I love something that won't pay?"

- **Why that's valid:**

Passion takes time to develop and not all hobbies need to be jobs. The idea that your job has to be your passion puts pressure on you to figure everything out early.

- **Reframe it:**

You don't have to chase passion. Chase alignment. TYCC helps you identify where your energy, strengths, and values intersect that's where purpose begins. And from there, real fulfilment grows.

### "Choose a uni degree, then figure out the job later."

- **What you might be thinking:**

"Uni is what everyone does. I'll figure it out eventually."

- **Why that's valid:**

School often frames uni as the "default" path. But committing to a degree without clarity often leads to debt, dropout, or disconnection.

- **Reframe it:**

You don't need to delay direction. TYCC helps you gain clarity before you enrol so you can choose a course (or alternative) that actually connects to who you are and where you want to go.

## Discover Your Career Values

**Here's a short list to start reflecting:**

**Autonomy** – Do you want freedom over how you work?

**Recognition** – Do you want your effort to be seen and appreciated?

**Creativity** – Do you want space to express and innovate?

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**Stability** – Do you want predictability, safety, or structure?

**Impact** – Do you want to help others or change systems?

**Challenge** – Do you like solving problems and being pushed?

Write down your top 3.

Ask yourself: Where do these show up in the careers I've considered or not considered yet?

**Youth Challenge:** *"These just sound like buzzwords. How do I know which values are really mine?"*

**Answer:** *TYCC takes these beyond a list. We give you real examples of how each value shows up in workplaces, industries, and tasks. Want autonomy? That might mean freelancing or remote work. Want stability? Maybe structured roles like healthcare or logistics. We show you how your values translate into real decisions — and what happens when you ignore them.*

## Why Career Decisions Feel So Hard Right Now

- There are too many options.
- School doesn't teach you how to decide, just how to meet deadlines.
- Everyone has an opinion (but not your perspective).
- AI and automation are reshaping jobs faster than you're told.
- You haven't had time or space to figure out who you actually are.

**Youth Challenge:** *"Okay, but what do I actually do about all of this?"*

**Answer:** *Knowing why you're stuck is only step one. At TYCC, we turn the overwhelm into action:*

- *Not sure what to study? We map your personality to course outcomes.*
- *Too many options? We show you how to **eliminate** what doesn't fit.*
- *No idea where to start? We help you take one step — not every step.*

## How TYCC Helps:

At The Youth Career Counsellor (TYCC), we don't hand you a job title. We help you build a toolkit for life.

### **Personalised Career Coaching**

Not cookie-cutter advice real guidance tailored to your strengths, pace and personality.

### **Clarity Before Commitment**

We help you discover your values, goals, and options before locking into a uni degree or job path.

### **Real-World Context**

From resume tips to decoding job ads to understanding what employers actually want in 2025, we cover what schools and career quizzes miss.

***Youth Challenge:** "How are you different from the career advisor at my school?"*

***Answer:** Most school career advisors are overworked, focused on ATARs, and stretched across hundreds of students. TYCC gives you **tailored**, one-on-one coaching grounded in real-world experience not generic course brochures. We help you navigate options that feel aligned with who you are not just what's available.*

## Ready for Career Clarity?

### **Here's how to take the next step:**

Book a free 15-min discovery call at [theyouthcareercounsellor.com.au](http://theyouthcareercounsellor.com.au)

Follow us on Instagram for bite-sized tips, stories and strategies.

Start with our Explorer Session ideal for those who are still figuring it out.

***Youth Challenge:** "But how do I actually figure that out without wasting time or money?"*

***Answer:** That's the whole point of TYCC. We help you figure it out before you make costly decisions. You'll leave with a clearer sense of who you are, what matters to you, and where that could lead — even if you're still exploring. That's not wasted time — it's the best investment you can make.*

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## Final Word:

"If you don't understand what you value, you'll end up where you don't want to be."

Let's help you figure it out together.

Because your future deserves more than guesswork.

Book a free 15-minute discovery call and let's start building your career clarity together.

**Visit:** [www.theyouthcareercounsellor.com.au](http://www.theyouthcareercounsellor.com.au)

Follow us on Facebook / Instagram / LinkedIn / Tiktok

## Useful Career & Pathway Resources for Youth (2025)

### Jobs & Skills WA – Free and Subsidised TAFE Courses

This is the *go-to hub* for exploring free and low-cost TAFE courses across Western Australia. Ideal for school leavers, career changers or anyone wanting job-ready skills in trades, healthcare, tech and more.

### Your Career – Australian Government Career Explorer Tool

A powerful national platform where young people can explore job profiles, training pathways, future demand and skill requirements. Also includes a '**Career Quiz**' to match interests with potential occupations.

### Career Tools – Australians leading career tool for students & teachers

A trusted national platform widely used in schools, Career Tools provides students and educators with practical resources for career exploration and planning. It offers self-assessments, job information, and teaching materials, making it easy for young people to connect their skills and interests to future opportunities.

### Labour Market Insights – Explore Job Growth and Industry Trends

An excellent tool to understand **which jobs are growing**, what skills are in demand and how the job market is evolving in Australia helping parents and youth make **future-informed decisions**.

### Skillsroad – Career Discovery Hub for Young Australians

Created specifically for young people, this site includes self-assessment quizzes, resume tools, job readiness tips and real employer insights. Very youth-friendly and ideal for students aged 15–25.

### myfuture – Australian Career Information Service

A long-standing national resource supported by education departments, with career profiles, pathway charts and tailored support for parents. It also offers **parent-specific resources** on how to talk career with your child.